

Cloyne Diocesan Youth Services



ANNUAL REPORT 2018

"CDYS at the heart of our Community"

Board of Directors

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Sean Ryan - Treasurer

Karen O'Reilly - Secretary

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Our Vision

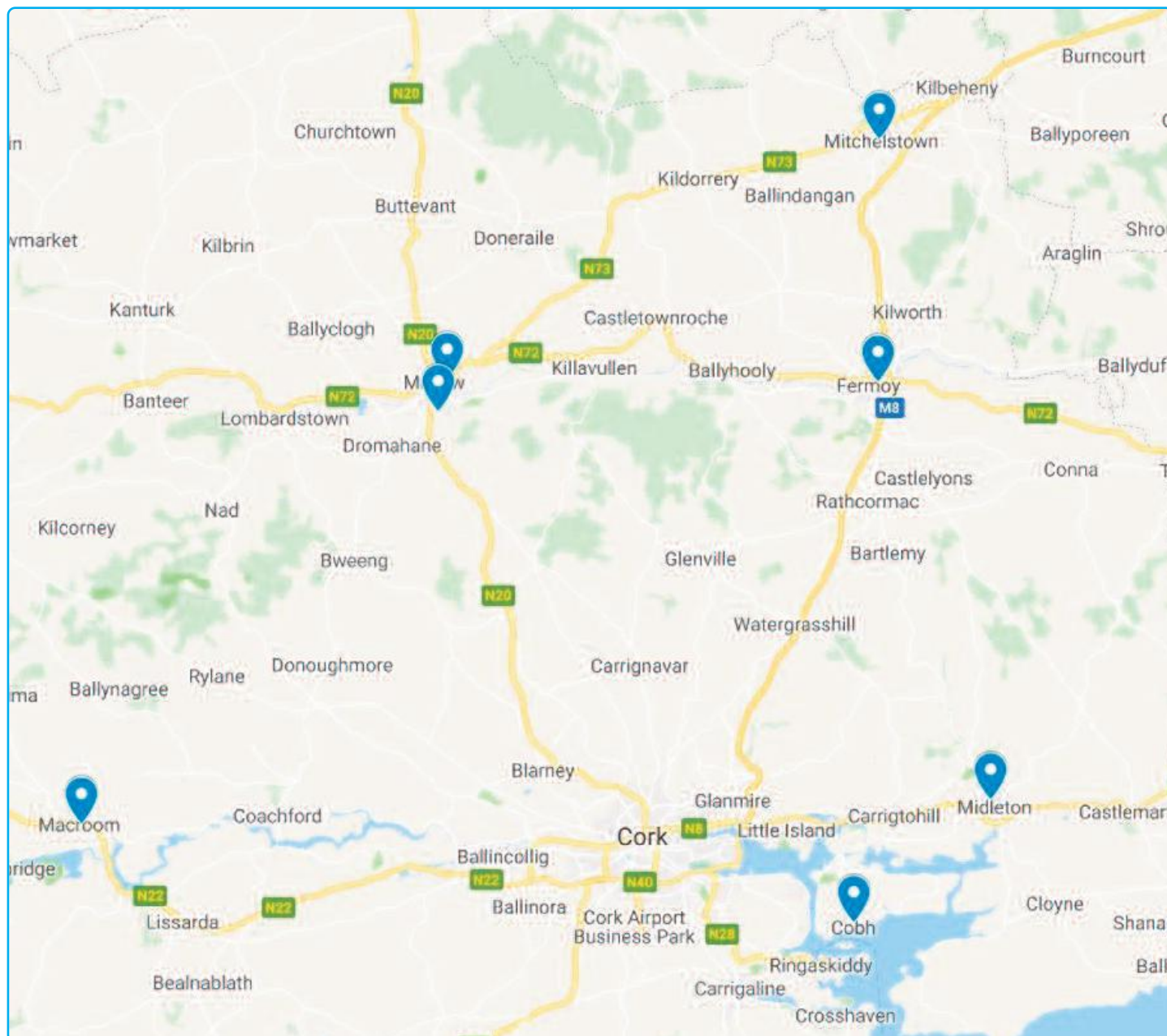
We respect the Ambition of Youth and encourage and nature them to help them reach their full potential the ambition of Youth.

We provide a forum for them to express themselves and be heard.

Our Mission

We Empower Young People through Quality Youth Services in a Safe and Supportive community, regardless of social, economic or religious background.

CDYS Project Locations





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Foreword from the Regional Director



Mr. Brian Williams
Regional Director

Each new-year brings with it a great sense of hope and optimism. We can be immersed with a sense of gratitude as well as a sense of relief that we got through the year in one piece.

This year in CDYS was no different. We faced a large increase in the demands placed on our projects, services and staff. We have seen an increase in the complexities some families and young people come to us with. We have navigated in an environment of uncertainty around funding, resources and government policies that at times have untold implications for young people and families.

Again this year in CDYS we demonstrate the importance of partnership between ourselves, statutory agencies and communities. CDYS, our staff and volunteers, have made an enormous difference to the lives of many vulnerable young people, families and communities. To make such a difference and to have such an impact on the lives of even one person is of great importance and brings with it an immense responsibility. It is important we tell the stories, advocate for the vulnerable, give a voice to the voiceless, encourage and enable people to be active in their own lives.

In addition we have added new initiatives over the last year and increased the therapeutic and counselling services available to young people and their families. We have established new youth projects and extended others. We have extended family support and integrated services and have piloted the new Creative Communities Alternative

(CCA) across the County in which we work very successfully with families and young people. This project requires us to be creative by providing innovative and dynamic supports to people. This project has had a major impact on the lives of many and changes the trajectory of their lives in a most significant way.

And that is the core of what we do in CDYS. We walk with young people and families, offering a listening ear, gentle direction and positive action when required. With confidence we can say that we are in it for the long haul, we are committed to the people we journey with and the communities we live and work in. I would like to thank all the wonderful and inspiring staff across CDYS and to offer a heartfelt thank you to all the people who volunteer their time, expertise, knowledge and skills to the community of CDYS.

I would like to thank our Board of Directors who do such important work to ensure that CDYS is compliant with a range of statutory regulations and governance standards.

I would also like to thank all the statutory and non statutory agencies who fund our work and projects. These partnerships not only enable CDYS to carry out our work, they also confirm and affirm that what we do is so necessary and so important to the lives of many young people and families across the region.

Finally, I would like to thank the thousands of people that CDYS supports every day of every year. Thank you for your trust in us and for inviting us into your lives and into your challenges and vulnerabilities.

Yours sincerely,

Brian Williams
Regional Director

Foreword from Bishop William Crean



Bishop William Crean
Bishop of Cloyne

A Cháirde,

Each new generation of young people and families face challenges that no previous generation has faced. In that sense the future is both exciting and scary.

Whatever our stage on life's journey it is important to have the support and advice of people who care about us. Our families usually are our greatest support. Unfortunately, that is not always the case. That is where our youth, community and family support service can play its part.

Cloyne Diocesan Youth Service through its work with young people and families over many decades has a wealth of experience to share with each new generation entrusted to their care. We are deeply indebted to them for this vital ministry. "I came that you might have life and have it in abundance" (John 10:10) Jesus, the Lord, assured his disciples. It is His wish for our generation also. My wish and prayer for the young people, communities and the families in the fold of C.D.Y.S is that we/they may experience life as blessing and opportunity. May they appreciate the wonder of our common home and seek to make the world more just and peaceful for all.

With prayerful good wishes.

Bishop William Crean
Bishop of Cloyne

Foreword from the Chairperson



Mr. Simon Martin
Chairman CDYS

This year we have focussed on innovating on the services we can provide, using our strong existing structure to underpin new services to the youth of our communities.

We have focussed on responding to the mental health needs of young people, building on our partnership with ReachOut.com and creating a new Outreach Youth Counselling Service. This is an area where there is significant need and we will strive to meet that need among young people.

We have also been active in providing alternatives to residential care homes for young people. Through a partnership with TUSLA we have created the Creative Community Alternative Initiative to work with families and communities to prevent young people from entering care or supporting them to come out of residential care.

This year also saw us run a successful Garda Diversion project for the first time with multiple geographic focuses in North and East Cork. The multi-centre approach allows us to cost-effectively cover wider areas with this type of project, allowing a broader reach for this type of service.

We were delighted to be able to launch the Mitchelstown Youth Project this year, the result of three years of work with that community, bringing a youth project to an area where there was a clear need.

While it is easy to dwell on the new strings to our bow, most of these rely on existing underpinnings that we have built in previous years. It is very rewarding to see innovations of years gone by such as our ever-popular Youth Awards and John Paul II Awards going from strength to strength.

This year we have also sought to bring more structure to our services as we continue to build them out. Our key areas continue to be the development and operation of youth and community facilities, youth clubs, ministry, youth diversion projects, special projects for youth, employability, therapeutic and counselling services, community-based drug support services and a range of specialised focused services aimed at supporting young people, their families and the communities in which they live.

As always, I would like to thank our Board of Directors for their continuing support and dedication to CDYS in continuously ensuring good governance of the organisation. The Board also continues to focus on ensuring the financial security and organisational structure for CDYS going forward to provide confidence in our ability to maintain our services.

We cannot achieve our aims without the support of our funders. I would like to thank Department of Children and Youth Affairs, Irish Youth Justice Services, Southern Regional Drug and Alcohol Task Force, HSE, TUSLA, Cork County Council, Mallow Parish, The Diocese of Cloyne, Cork ETB, Pobal and Youth Work Ireland, for their continued support throughout the year. We continue to focus on providing excellent value for money and to act as a centre of excellence for the provision of youth and community services in Cork. And, of course nothing would be possible without the superb support we receive from CDYS staff and volunteers alike.

In the coming year, I look forward to seeing this year's innovations become the norm and to see further development in the services we offer. As always, we are always guided by our core vision – Respect the Ambition of Youth.

Yours sincerely,

Simon Martin
Chairman CDYS

Regional Projects

Creative Community Alternative Project

In 2018 CDYS began delivering the Creative Community Alternatives project, a pilot project commissioned in Cork by Tusla Child and Family Agency. A skilled and experienced team of staff provide intensive family and individual support to young people at risk of entering care due to family breakdown, including both parental and foster arrangements. Through the provision of home-based supports, specialised intensive and therapeutic services are implemented to address and support children and their families when challenged with emotional and behavioural difficulties. CDYS staff play a key role in developing strong relationships with the young people and their families, linking them in with supports, positive activities and local community resources. The Creative Community Alternatives project is being delivered across the Cloyne Diocesan, including Mallow, Macroom Fermoy, Middleton, Mitchelstown and Charleville.

Community Psychotherapists (Macroom / Middleton)

In partnership with Tusla and CDYS staff and projects in both Macroom and Middleton were delighted to pilot a new initiative that saw psychotherapists working alongside CDYS by providing support and services to adults in the areas we work in. This initiative has proven to be very successful and enables CDYS to link adults or family members who need some support with community based psychotherapists who work alongside and within CDYS services. Access to these services are primarily through CDYS staff in both Macroom and Middleton.

Outreach Counselling

CDYS Outreach Counselling is a pilot project for short term Counselling that began in June of 2017. It offers counselling in Mallow, Mitchelstown and Fermoy to 13-18 year olds with Finbarr, a fully Accredited Counsellor and Psychotherapist.

Funding for this project has been given by CDYS, TUSLA and the HSE. This project makes it easier for young people to get help with anxiety, depression, school, family and social stress to help young people make the most of their adolescence- to have fun and explore new opportunities in their lives. Outside of Mallow, Fermoy and Mitchelstown, counselling is also available- you can ask in your local project. It can be hard to begin counselling, this is made easier when it is local, affordable and in youth friendly environments. The success of this project owes a debt of gratitude to the enthusiasm and support of

CDYS Staff. This project had big shoes to fill because the exceptional and caring counselling done in the area in the past by Pat Maher who sadly passed away last year. Counselling is where difficult things are talked about but it can be fun too! Getting non-judgmental support to look at things in a different way can be a big relief.

Contact:

CDYS Outreach Counsellor
Finbarr O' Donovan
(086)1841860
finbarr@cdys.ie



Local Training Initiatives

The Good Lives Project, Macroom

The Good Lives Project Macroom has just completed its 4th year and continues to evolve year by year. This year, again responding to the needs of the local community we progressed to a higher level, QQI level 5 in Community Development. This Award included options to specialise in either Exercise and Fitness or Horticulture following on from the previous year's modules. Community Development itself was a huge success with our learners despite the heavy work load. They enjoyed gaining the knowledge and understanding of how Community Development has helped shape the society we live in and how it highlighted the steps that are available to for people to change their life circumstances.

During the year we took part in community activities such as Macroom Food Festival,



Inchydony beach clean in conjunction with Inchydoney Hotel, mural of Macroom past and also helped out with Tidy Towns. Some of our learners also undertook work placements with Ted Cook, a local environmentalist and ecologist, in

Macroom Castle grounds. They spent their time planting young trees and learning the importance of caring for their local environment and its impact on a societal level. Other work placements included SVP, Gorta, Tidy Towns, Age Action, Fins Garden Centre, and the Linkage Programme and we would like to thank all those involved who assisted our students and for the continuing support they have shown to our project.

This year the Horticulture module was taken up by eight students, who successfully completed and passed this Fruit and Vegetable production module. The polytunnel produced and is continuing to produce such as courgettes, turnips and radish for the centres kitchen. Dwarf French Beans, Potatoes, tomatoes and cabbage are to follow. An overhead irrigation system with timer has been fitted, much to the relief of the early morning watering rota.



The Exercise & Fitness module introduced the principal theories of planning and evaluating exercise programmes and applying these theories in a practical fitness instruction context. Learners also have a detailed understanding of human physiology and how the body works during exercise. The Exercise and Fitness module provides learners with specific information on how to interact with people in a fitness environment. The goal of improving the health and fitness of clients will be underpinned by the practical learning of exercise to music skills, resistance training, circuit training, floor work and flexibility techniques. With this theoretical and more importantly practical understanding of Exercise and Fitness the learner will be confident in the application of techniques in a practical fitness environment. We would like to thank Macroom Community Gym for their

involvement and support in this module. (Karen O'Callaghan, Assistant Coordinator).

Other modules included **Working with Groups** which equips participants with the skills to effectively participate in and lead groups, learning about group dynamics, group theory and managing conflict. We had a good base having the Teamwork module complete and had good fun with ice breakers, energizers and partaking in role-plays.



Over all the Community Development Programme has been a great success and a greater understanding of the process of community support was gained and enjoyed by all. Many thanks to all staff, tutors and volunteers who have made 2018 a fabulous year and we look forward to our next Good Lives Community Project beginning in September.

Quote from External Authenticator about The Good Lives Project, Macroom

'The QA process is about ensuring assessment and evidence is authentic. This was the case but there was more. Some evidence was exceptional and linked in really impressively with community projects. This showed the far-reaching potential of this programme. I could talk about the evidence all day, in terms of its richness (videos across a range of modules were brilliant and many written responses were outstanding) but its integrity is what was most impressive. This programme, at its core was about working with the Community; understanding it, working with it, growing it. The learners showed understanding, growth and the ability to make the community better from their efforts.' Daniel Hamilton, External Authenticator, 2018.

East Cork Music Project LTI

East Cork Music Project was established in 2011 by CDYS and in partnership with Cork Training Centre. Since then the project has gone from strength to strength, now offering QQI courses in Employment Skills (Level 4) and Music (Level 5). Our participants come from a diverse range of backgrounds and are aged between 16 and 25. Many of these young people have experienced difficulties in engaging with education or training. ECMP is committed to the delivery of person-centred, empowering education, designed to support participants in their progression to further education or employment. Our aim is to facilitate each participant's personal, professional and artistic development, and to encourage their active participation in the community. In the 2017 – 18 year, ECMP held a number of events in the community, including a number of gigs, a Christmas Craft Fair, an exhibition in the Midleton Arts Festival and two performances as part of the Lifelong Learning Festival. We also received funding through the Cork County Council Arts Grant for a new project called Midleton in Song, a series of collaborative workshops involving ECMP participants and the clients at McAuley Day Care Centre at Midleton Hospital.



ECMP is a year-long, full-time training course catering to 20 learners. For more information contact us on 086 140 9513.

North Cork Blackwater Active Sports Education Mallow LTI

Cloyne Diocesan Youth Services in collaboration with Cork Training Centre provides flexible Local Training Initiatives (LTIs) for unemployed people in Mallow and North Cork primarily aged between 18-35. The programme is designed to provide opportunities for learners who are unable to participate in other training for personal, social and geographic reasons.

The North Cork Sports and Recreation course in The Big Blue Cube give young people the opportunity to participate in a training and education course that will develop their skills in this area while also working with them on their personal development. On this project a participant can expect to achieve a QQI Level 4 major award in Sports and Recreation. This will provide them with the skills and capacities required for progression.

In particular it will open up natural progression routes into Mallow College as well as centres of further education in Cork City.



The QQI level 4 major award modules that are covered include;

- Biology
- Soccer
- Health Related Fitness
- Food and Nutrition
- Practical Gym Work
- Customer Service
- Work Experience
- IT Skills
- Digital Media Technology
- Personal Development
- Communications



CDYS also work with the participants in ways to raise their confidence and self esteem, develop their skills and capacities and provide a structured pathway for moving forward in their lives. This is achieved by offering participants access to external courses such as mindfulness and wellbeing, mental health awareness, first aid, zumba fitness, yoga, photography and



film making workshops as well as the Sort It programme which deals with barriers to learning for young people.

The course starts in September each year. The course is free and participants keep their social welfare payments while attending the course. For more information you can contact Adrian on 086 469 3360 or adrian@cdys.ie

Film at CDYS

It has been an exciting year at Film at CDYS. While running workshops remains part of Film at CDYS, we've really focused on the creating content to showcase the often unquantifiable work of staff with service users.

In October we created a

documentary charting the work of the Feabhas Garda Youth Diversion project run by Jimmy Dunlea and Niamh Ryan. A Day in the Parish featured exclusive interviews with past and present service users and looked back at the many activities that the project has participated in.

Return from Death Row saw our attention swing back towards the North Cork filmmaking project and charted the life and adventures of student John Paul who had written and visited inmates on death row around the world. It also looked at his experience in the project as a mature student and his interaction with both the younger learners on the project and staff.

We also ran a music video making workshop that saw puppeteer Dominic Moore of the RTE's the Morbegs show students the basic of puppeteering for television.

The following year looks set to be a very busy one with further plans to document other CDYS projects and to create a video database featuring information about each project as well as resources for staff training.



Community Based Drug Initiatives

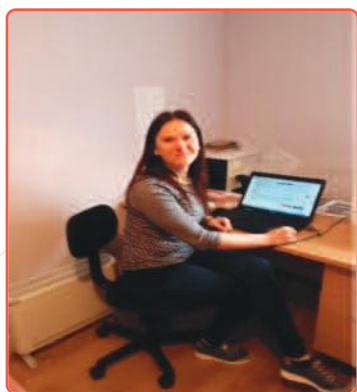
The Community Drugs Initiative is a Community based drugs initiative that engages with and supports individuals and families around issues to do with addiction and alcohol. We also provide advise and support to communities in raising awareness and practical supports to people in need.

Aim of the Project

- To work primarily with people aged 12 and up in the in Mallow, Fermoy, Mitchelstown and Macroom and Surrounding areas who are:
 - At high risk of experimenting with alcohol and drugs.
- Work with people who are currently misusing alcohol and drugs.
- Work with people to support their recovery from drug and alcohol misuse.
- To support families to cope with their loved ones drug and alcohol use problems.
- To support people in making positive changes to their alcohol and drug use.
- Assessing clients' needs and making appropriate referrals.



What the Project Offers



One-to-one Support: It provides one-to-one support in a safe and confidential environment.

Supporting Family Members: Confidential support for parents, partners, family members or other concerned persons whose lives are affected by another person's alcohol or drug use.



Garda Youth Diversion Projects



For over 25 years CDYS have worked in partnership with An Garda Síochána through the provision of Garda Youth Diversion Projects. These projects aim to engage with young people who are coming to the attention of An Garda Síochána and provide a tailored, bespoke, challenging and ultimately positive support

for the young person and their families.

Run in co-ordination with An Garda Síochána and the Irish Youth Justice Service, the Diversion project are funded by the European Social Fund as part of the ESF Programme for Employability, Inclusion and Learning 2014-2020.

Mallow Garda Youth Diversion Project



2017 was another year of challenges for the Mallow GYDP. The main focus of our work is one to one and group work where we meet young people where they are at and build programmes to suit the needs and

challenges the young people are facing.

We said goodbye to original founding member of the Diversion Project in Mallow, Community Garda Liam Doyle. Liam was instrumental in setting up the project in 2007. Liam has not only been a serving member of both the referral committee and the project committee but has also been actively involved in project activities throughout the years. Have a Happy Retirement Liam Doyle you



will be missed.

Mobile GYDP

Who We Are?

Cloyne Diocesan Youth Services establish this initiative as a pilot in September 2017 in an effort to provide an innovative and imaginative service to vulnerable young people across

North Cork. Garda Youth Diversion Mobile Pilot Project is run in coordination with An Garda Síochána and the Irish Youth Justice Service. The project covers Fermoy, Middleton, Charleville, Mitchlestown and surrounding areas.



What We Do?

The project works with young people. Participation in the program is on a referral basis from the



Gardai. The project encourages participation in individual and group work, provides information on, and facilitates activities that engage and support young people's growth and development.



This GDYP Pilot Mobile Project runs a variety of activities and takes into account the young person's interests and strengths. Activities include sports, art, homework assistance, peer education and mentoring and day trips, for example fishing, hiking, soccer tournaments, surfing, and camping.

The Project Aims To:

- Facilitate activities and programmes that support participant's personal development
- Encourage participants personal, community and social responsibility
- Improve long term employment prospects of participants.
- Provide prevention based programmes for participants.
- Where offending behaviour has occurred, provide intervention programmes for participants.
- Support and facilitate a positive relationship between participants and Gardaí.



CDYS Feabhas G.Y.D.P - Cobh

Feabhas GYDP works with young people in Cobh aged 12-18 years of age who are deemed to be at risk in numerous areas of their lives, as evidenced through assessment. Programmes and interventions are catered to meet the specific needs of the young people involved. For example, two of the main programmes we have been running in 2018 are the Work to Learn Programme, where young people work 4 hours a week in the local community for 6 months and are paid €8 p/h. Through this they gain valuable experience and learn many work-based practical skills. The WTL programme also encourages participants personal, community and social responsibility. At the same time, we have been running an online education programme in association with iscoil over the last quarter. When it finishes at the end of May, nine young people will have achieved QQI Level 3 certificates in Personal Effectiveness and Career Skills. We will host a presentation ceremony in July to acknowledge the young peoples' achievement and reward them with their certificates.

The project, affectionately known as **"the parish"**, works closely with parents and families, the local schools and other youth organisations in the wider community all the year round to provide a more comprehensive and effective service to the referred young people. We aim to strengthen young people's growth, social skills and personal development in everything we do while at the same time having fun! Other interventions and programmes we carry out during the year include but are not limited to: homework groups and other school completion interventions, sexual health education workshops, drugs programmes, targeted behavioural programmes, peer education, role modelling, group work, one to one interventions, motivational interviewing, A Life of Choices and mentoring.

During the summer months, Feabhas GYDP also takes the young people on day trips which incorporate activities such as: sailing, fishing, camping, outdoor adventure activities, ice-skating, Airtastic, Trabolgan, go-karting, paintball, soccer and other adventure sports. Feabhas GYDP also supports and facilitates a positive relationship between participants and Gardaí and have organised soccer matches between our young

attendees and the local Gardai which have been hotly contested and strongly attended by the local Cobh community.

To learn more about Feabhas GYDP, check out the **video** we made this year, called **'A Day in the Life of the Parish'**, in which the young people describe in their own words why they attend and what it does for them.



Ireland's European Structural and Investment Funds Programmes 2014-2020

Co-funded by the Irish Government and the European Union



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Youth Projects

These projects are funded by Department of Children and Youth Affairs and Cork ETB and are special projects that engage in a focused and imaginative way with young people.

Special Project for Youth is currently operating in the heart of the local community in Mallow, Midleton and Fermoy. The projects work's with young people from a wide variety of backgrounds, cultures and diversity providing support, education and activities for young people to grow and develop as positive young adults.

CDYS Midleton SPY Project



Cloyne Diocesan Youth Services Annual Report 2018

Midleton had another busy year, from the IYMAS in Feb to the Summer camps, Halloween Parties and Christmas outings there was plenty going on. Our usual groups, Guitar Class, Couch to 4 K, Drop In Juniors, Busstop, Rainbows group continued as normal with the addition of The FRIENDS for Life Resilience programme and the B4 U Decide Relationship Programme. In Sept we had the arrival of the new Midleton/Fermoy Garda Diversion programme, bringing Garry McDonnell and Tom Rickard to the area providing additional and essential supports to young people.

Well done to the young people of the Midleton Youth Council on a very successful evening for the 2018 (Youth Recognition Awards). Members from Mallow, Mitchelstown, Fermoy and Midleton attended and were well fed and entertained. The evening saw over 100 recognition awards handed out to young people for categories as diverse as Friendship to Greatest Diva. Our special guest speakers were the inspiring Jennifer Barry and Demi Isaac Oviawe of The Young



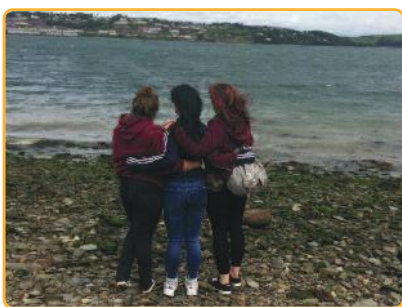
Offenders fame, who spoke to the young people about following your dreams.



These awards were the brainchild of the CDYS Youth Councils, with young people nominating their peers for awards which recognise the qualities of, friendship, commitment, community spirit and overcoming personal obstacles. These categories were also agreed upon by the youth council's, and the event is managed and run by the local council. It is a highpoint in the youth council annual calendar and we look forward to visiting next year's event the venue is yet to be decided..."

CDYS Fermoy SPY Project

CDYS Fermoy works with all young people aged between 12-18 years. The aim of the project is to build confidence and self-esteem, learn new skills and have fun in a safe and welcoming environment. The project works with young people in small groups, both focused groups and drop in groups or on a one to one basis to provide support and advice when needed.



Fermoy Community Youth Project also engages and works with the local community partners such as the school, parents, local agencies, An Garda Síochána, and many others to enhance the quality of the youth service. During the year they continued to work in partnership with Fermoy Tidy Towns to keep Fermoy looking clean!



2017 has been a busy year in Fermoy. Music has continued to be a focal point with music facilitator Dave Skinner focusing on composition and song writing in the music project.

CDYS held it's annual Youth Awards in Mallow last year, which proved to be a huge success and

enjoyed by the young people.

During the summer CDYS Fermoy went on a trip to Sherkin Island with CDYS Mallow where the young people had great fun exploring the Island.



CDYS Fermoy also went on day trips to Spike Island and Cork City which were also great fun! CDYS Fermoy would like to thank all their volunteers and young people for all the support over the last year.

CDYS Mallow SPY Project

Mallow Youth Project operates out of two youth and community facilities in Mallow, CDYS Mallow Youth and Community centre and the CDYS run Gouldshill Community Centre. We found last year in Mallow the



demand for services around mental health issues were high and the project responded by training staff to deliver resilience programmes. This programme has been very successful in addressing this on going need for mental health supports in the community and we continue to roll this out during 2018. SPY also



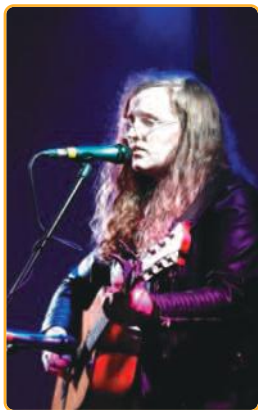
works with young people in small focused groups, creative groups or on a one to one basis, covering a wide variety of topics which affect young people.

This projects values young people and their



c o n t i n u e d involvement in the project and all areas have an active Youth Council that discuss and identify needs. The project recognises now more than ever the

need to be flexible, resourceful and creative in how it responds to young people. SPY aims to meet with young people, building up appropriate



Irish Youth Music Awards Croke Park Dublin 2017



relationships with them and work with them on individual needs.

The Big Blue Cube continued to engage with young people through various different groups and trips throughout the year. Here are some photos of a few groups which were participated in throughout the year.

In October there was a very successful Halloween party held which was fancy dress theme and over 50 kids came dressed in all different outfits.



Santa came to visit in December and over 100 children each got to meet Santa his elves and Mrs Clause while also attending a disco.

Road safety course were run and 40 young people learnt about Road safety using Simulators and Virtual reality headsets. This went down very well with the teenagers and SPY hope to continue to work with

Youth Work Ireland and sponsor UPS in the future.

Other trips included Sherkin Island, Cork on ICE, Funderland just to mention a few.

The garden project is back up and running and there are lovely flowers growing now in The Big Blue Cube.

CDYS Mitchelstown Youth Project

This has been a busy year for CDYS Mitchelstown. Over the Last year we have undertaken several programmes & projects with the young people here in Mitchelstown.

CDYS Mitchelstown in partnership with Cork Young Filmmakers

We started off the summer with a one week Film Making workshop with Cork Young Filmmakers with 15 young people in attendance. The



Screening of our movies "2B or not" Reception provided after the screening & "Literal Issues" at Cork Culture Night.

movies were screened as part of the Cork Culture Night Event on the 22nd of September, as part of this we also had an art exhibition with art works from St Fanahans secondary school on show. There was a huge turn out for the event and food was provided on the night. Through the success of this film week and culture night event Cork Young Filmmakers in partnership with CDYS Mitchelstown applied for funding to the Cork County Arts office and received €6000. This project will involve 15 local young people designing and making a documentary film. Young filmmakers will carry out themed structured interviews with a range of people, who live in their community. As well as developing a broad range of filmmaking skills the young people will learn fundamental communication skills in capturing the perspectives of others in their community in documentary film format.



Reception provided after the screening

Youth Employment Programme & Public Service Card

CDYS Mitchelstown in partnership with Ballyhoura CLG ran a very successful Youth Employment Programme where 16 young people aged 16+ enrolled in a programme which enhanced young peoples skills in seeking full time or part time employment. This was a 6 week programme based on the needs of the young people in Mitchelstown.



Some of our young people who graduated from the Youth Employment Programme in October 2017

It has been a fantastic success with up to 16 participants getting their certification for training such as HACCP, Manual Handling & Safe Pass along with workshops in C.V writing, interview preparation & mock panel interviews, health & well being with a talk by mental health Ireland & supervised Driver Theory access. The aim of this programme was to build confidence and help the participants to gain full time or part time employment.



A long walk to the Black Valley Hostel in Killarney

This was a big commitment for these young people as many are in school with some doing their leaving certificate so they were attending the workshops after school hours for 2 hours every Thursday & Friday.

It was a success because it was the young people who had asked for the training & also planned a lot of its content. This training programme would not have been possible without Ballyhoura CLG who are a continued support to the service.



Trip to The Nightmare Realm

Through this programme we identified the need for the Public Service Card for young people 16+. We took a trip to the office of the DSP in Mallow with a group of 12 young people to obtain their public service cards.

CDYS Youth Clubs 2018

CDYS have five affiliated clubs and groups located across the Diocese of Cloyne, serving their local communities. Youth Clubs provide a vital space for young people in their local communities. CDYS Club Support includes information, training, insurance, support at the end of the phone and invitations to events. If you are interested in setting up a new youth club in your area, CDYS offers assistance with set-up and club development.



Fun day out at Ballyhass Lakes

Clubs generally meet on Friday or Saturday nights. They are established by volunteers, in response to a need identified for young people, to have a safe place to socialise with their

friends in their spare time. CDYS Ltd. are an organisation that can support these communities to carry out this valuable work.

Locations

- Bus Stop Youth Club, Middleton
- Lisgoold Youth Club
- Lismire Youth Club
- ACTivateClub, Mallow
- Cobh Youth Services, Cobh

For further information on establishing or supporting a Youth Club Contact:

Sharon on:

Mob: (087) 7148268

Email: sharon@cdys.ie



The annual parish clean up Donoughmore Youth Club

Volunteering in CDYS

Volunteers are key to the running of clubs and projects within CDYS. This year CDYS trained and vetted a 182 volunteers to support clubs and projects. We currently have 479 volunteers who are currently engaged with us. In partnership with UCC, CIT and others we also support and facilitate student placements and we are delighted to support these young people that are making their way through college.



We have also noticed that a good percentage of our volunteers have now sought out further education in the area of Youth and Community diplomas which have helped the service and their own personal development.

We would like to sincerely thank all our volunteers who contributed to such a great year in CDYS and we look forward to our continued support during 2018.



Volunteer Recognition Award Afternoon 2017



Every year we are so grateful for our volunteers who turn up every week or sometimes twice or three times a week to work or support projects to achieve their goals. We cannot operate without volunteers and this year we decided to recognise them by holding our first, Volunteer Awards which were held in Fota Island Golf Resort. Twenty nine volunteers were recognised on the day for their outstanding contribution to Youth Work and it was such a lovely day where everyone enjoyed the event.



Volunteers were also invited to attend training during the year to develop their skills in working with young people ranging from art therapy to child protection.

We would like to thank all volunteer and students who participated and contributed to all projects during 2017.

Youth Ministry Services

'24 hour' a great success.



Mallow parish hosted a very successful 24 hour prayer from 10am Tuesday 24th to 10am Wednesday 25th April 2018 in St Mary's

Church. This prayer space gave people the opportunity to pray at the various different interactive prayer spaces that were set up around the Church. The spaces included topics such as the Family Tree, Our Community of Mallow, God's love, Homelessness, Reconciliation and Ireland. This was part of the Dioceses preparations for Young Adult for the World Meeting of Families.

A sincere Thank You to the Pope John Paul II Award students from the Patrician Academy & St Mary's Secondary School who invested so



much time in preparing for this event. In organising this event we were guided and support by Theresa Cronin and Abigail Watson from Alpha Ireland. It was enlightening to see so many of our parishioners come and visit the prayer spaces.

ACTivate Club

NORTH CORK HONDA Club kindly held a Honda Run as a fundraiser on Sunday 14th May 2017 & Sunday 13th May 2018 for the ACTivate Club which is a weekly CDYS



youth club for young people in the Autism Spectrum Disorder.

The focus of this club is to allow the children to be themselves in a safe and supervised



environment and at their own pace encourage them to interact and have fun with other children on the spectrum.

CDYS BESIDE Retreats

Both Scoil Ghobnatan & St Patrick's Boys N.S. availed of enjoying a confirmation retreat in preparation of their Confirmation on 2nd May 2018. These retreats were offered by Mallow Parish Youth Ministry. These days gave the young people the opportunity to





explore the many gifts and talents that each of them possess through the many different activities and games.

Diocese of Cloyne Pope John Paul II Award Ceremony

The 5th Pope John Paul II Award Ceremony was held in Mallow Community Youth Centre on Thursday 19th Oct 2017 despite the terrible rainfall that we experienced. 124 young people from across the diocese and neighbouring diocese received the award. It



was a great achievement for the young people, their families, their schools and local parishes, St Mary's Secondary School Mallow, The Patrician Academy Mallow, Scoil Mhuire Gan Smal Blarney, St Colman's Community College Midleton, St Aloysius College

Carrigtwohill, Presentation Secondary School Mitchelstown, St Mary's Secondary School Charleville, Colaiste Fionnchua Mitchelstown, Kinsale Community School, Christian Brothers College Cork and Sacred Heart School Clonakilty.

Guest speaker on the night was John Fitzgerald from the World Meeting of Families Committed in the Diocese of Cloyne. He gave an in depth insight into what will happen in August 2018 and the events that the diocese will have in preparation for this great occasion in which Pope Francis will attend.



Pope John Paul II Award 10 Year Celebration in Knock

On Wednesday 5th April 2017, students from Presentation Convent Secondary School, Charleville and The Sacred Heart School

Clonakilty travelled to Knock in Co. Mayo to take part in the day of celebrations for the 10th anniversary of the Pope John Paul II Award. The Sacred Heart School, Clonakilty although they are in the neighbouring diocese of Cork & Ross, have been participating in the Pope John Paul II Award since the Diocese of Cloyne launched them in 2012. It was a very early start for the students from Clonakilty as the bus was leaving at 5.30am but that most certainly did not deter 7 young ladies and their teacher Ms Sinead Mangan from travelling. 7 young ladies joined the bus in Charleville from the Presentation Convent Secondary School. The atmosphere on the bus was electric with both schools getting to know each other.



Over 1000 young people from across Ireland representing 18 dioceses were in attendance. The Bascilla was buzzing with the energy from all the young people. The

morning was broken down in a time for song, prayer along with guest speakers and discussion questions. To see so many young people gathered in one place bearing witness to their faith was so inspiring and gives renewed hope for these young people to get involved in their Church and community.

Pope John Paul II Award Trip to Rome



On Monday 30th November 2017, 10 people from across the Diocese of Cloyne joined with 180 people from around Ireland in Rome to celebrate the 10th anniversary of the Pope John Paul II

Award. It was a hectic 4 days with so much to fit into the schedule. We visited the Irish College where we received a warm welcome from the Rector: Msgr Ciaran O'Carroll. We visited the Basilica of St John Lateran, St Peter's Basilica, the



tomb of Saint John Paul II, the tomb of St Paul, the Vatican museum and the Sistine Chapel. Some of the group attended a conference in the Auditorium John Paul II in the Pontifical

Urban University where Msgr Geno R Sylva spoke to us about his role in promoting the New Evangelisation. This session was facilitated by Baroness Nuala O'Loan. While the trip was action packed it was a great opportunity to meet other award leaders and co-ordinators involved in the Pope John Paul II Award from other Dioceses. We were very fortunate to get to meet the Irish Ambassador to the Holy See Emma Madigan who came to San Bartolomeo all'Isola to meet the group. There she was treated to some Irish music performed by some of the Pope John Paul II participants.



CDYS Mallow Youth Ministry

On Sunday 17th December 2017, the Pope John Paul Award concluded their 10 years celebrations with a special Mass on RTE. Many dioceses from around the country who are involved in the JP II Award participated in the Mass which was celebrated by Bishop Donal McKeown, Bishop of Derry and Award Patron. Dominic Cronin from the Patrician Academy, Mallow represented the Diocese of Cloyne. Dominic is currently doing the JP II Award in his home parish of Mourneabbey where he helps the sacristan at the weekend preparing for Mass and for the community side of the award he helps the Special Olympics at Mallow Swimming pool. Dominic read a



prayer of the faithful at the Mass. Dominic was accompanied on his trip to Dublin with his sister Eileen, who completed the award in 2013 and his Mum Claire who was an Award leader in St Mary's Secondary School Mass until recently. A sincere word of thanks to Dominic and his family for taking the time to travel to Dublin to represent the Diocese of Cloyne at this fantastic occasion.

St Aloysius Faith Camp



The CDYS Youth Ministry St. Aloysius - Summer Faith Camp, for Boys and Girls (5-14 yrs) is now in its 4th Year running. It is an action-packed week, a summer camp with a twist! Each day the young people started off with Morning Prayer followed by a variety of activities such as drama, sports, music, arts & crafts and Good Shepherd Catechesis.

We were very fortunate to be able to offer Adoration every day where they had quiet time to sit and talk to Jesus. The day finished with Mass where the young



people participated in the singing, the readings and altar serving. We were delighted to have our local priest come and say Mass for us, Fr Sean Corkery, Mallow, Fr Greene (Carrigtwohill), Canon O'Brien & Fr Carvill (Mallow). They were all delighted to see the fantastic activities that the young people were getting involved in. The camp was an opportunity for the young people to develop and grow in confidence and character, and to know and experience the love of God through the activities. We were fortunate to have Sr Cleopha, Sr Premila and Sr Angelita from the Missionaries of Charity, Blarney who delivered the Good Shepherd Catechesis. The camp had 33



leaders and junior leaders from Mallow Parish Youth Ministry-CDYS, Jesus Youth Movement & Pope John Paul II Award participants.

Each day the leaders and junior leaders were very well looked after with the generous donation of sandwiches from SuperValu, Centra-Main Street, Food Capers, Choices Cafe, Lucey's and Gretta's. Margaret Hennigan was very busy baking every morning to supply the team with delicious cakes in which there were a rush to get to them. St Aloysius Faith Camp would like to thank all those who helped make this camp a major success for its fourth year running. Planning is already under way for next year 2nd – 5th July 2019. If you would like to get involved in this camp for next year please contact Bernadette, Mallow Parish Youth Ministry on 086 8031126.

Mallow Parish Youth Choir/Band

Mallow Parish Youth Ministry this year started a band for young people aged 14yrs or older. It offers young people an opportunity to get involved in the



Churches here in Mallow. The group really enhanced the Mass and it was great to these young people use their talents by singing and playing musical instruments. The youth band were under the leadership of Ralph De Kramer and Jackie Dineen who give of their time freely every second Tuesday evening for practice. We are currently looking for people to help us, singers and musicians. For more information please contact Bernadette on 086 8031126

Youth and Community Centres

CDYS Mallow

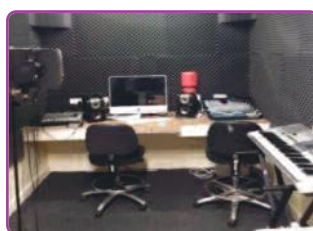
Community Youth Centre

Mallow Community Youth Centre located in the heart of Mallow town hosts one of the largest

indoor venues in the north Cork area. With ample parking spaces and just a short walk from the centre of Mallow town the Youth



Centre boasts a main hall and stage area with a capacity of over 700 people, a recently refurbished conference room with a capacity of 100 people which can be set up to the specifications of the user, meeting rooms, a dancing room, recording studio and reflection space. Our main hall, which is fully equipped with lighting and sound has placed host to numerous events over the years such as general elections, weekly bingo, concerts, drama productions and award ceremonies.



The Youth Centre's excellent facilities and communication links make it home to a number of sports and activity clubs in the area such as the local basketball, gymnastics and badminton clubs, dancing and Zumba classes, art classes and bingo.



The Big Blue Cube, Gould's Hill is an invaluable commodity to the community of Gould's Hill and the surrounding areas. It is a centre of excellence with a vast variety of service users using the centre as well as the many different CDYS projects. One would be amazed



with the volume of young people and adults that pass through the doors of the Big Blue Cube on a weekly basis. The centre serves the residential area in which it is located as well as many young people living on the Southside of Mallow.



The Big Blue Cube provides a safe and secure space for young people to hang out.

- It brings young people together from the area and surrounding areas – Youth Café's
- Through the different projects and service users, it empowers, motivates and inspires individuals – ACTivate Club
- It offers service users a space to expand their services and gives young people the opportunity to tap into their many hidden talents - Eileen's School of Dance, Taekwon-Do, Zumba for Kids, Drama, Coder Dojo, LTI, Tulsa, Play Therapy.

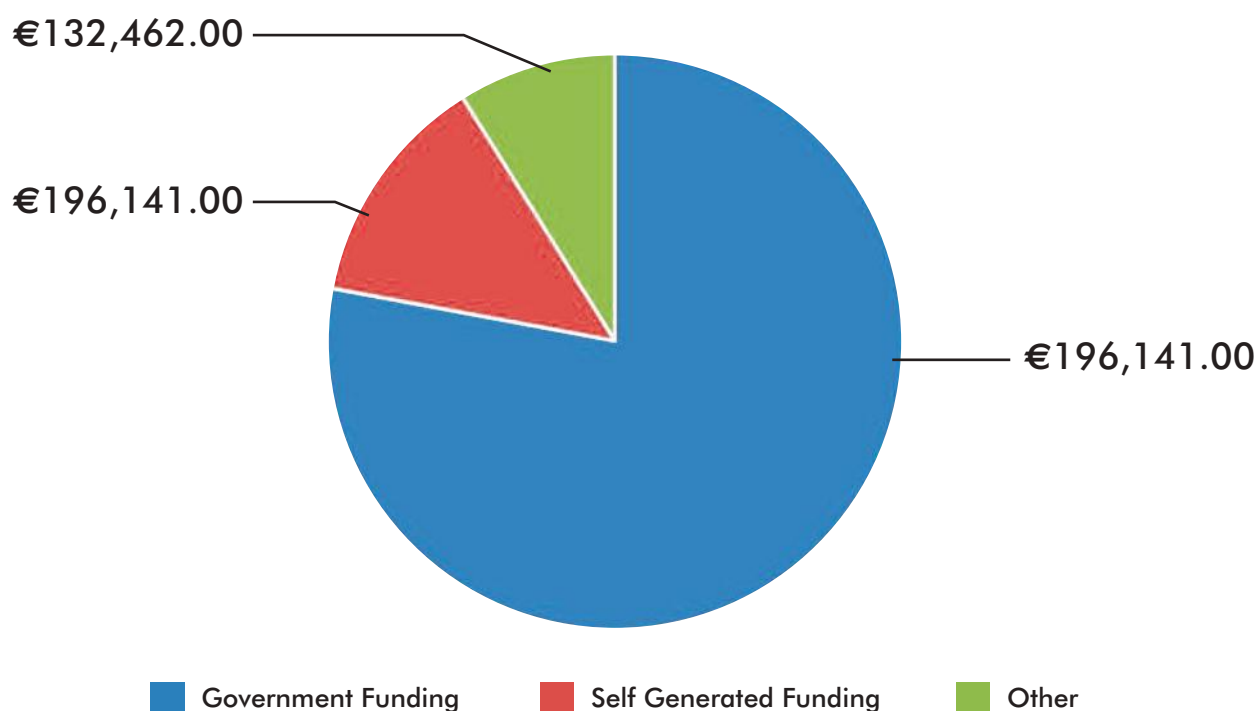


- It provides a vehicle for inclusion with all the different nationalities that are living in the surrounding area - The Christ Life International Ministry meet every Friday evening and Sunday Morning for worship.
- Creates opportunities for, and promotes, volunteering.
- Contributes to higher levels of self-esteem and self-worth.
- Creates positive alternatives to youth offending, antisocial behaviour and crime.
- Provides a sense of belonging.
- It offers support to the whole community - i.e Cheile Mother and Toddler Group meet every Tuesday morning during the school term. This offers the parents an opportunity to meet up over a coffee and have a chat while the children are enjoying playing with each other.

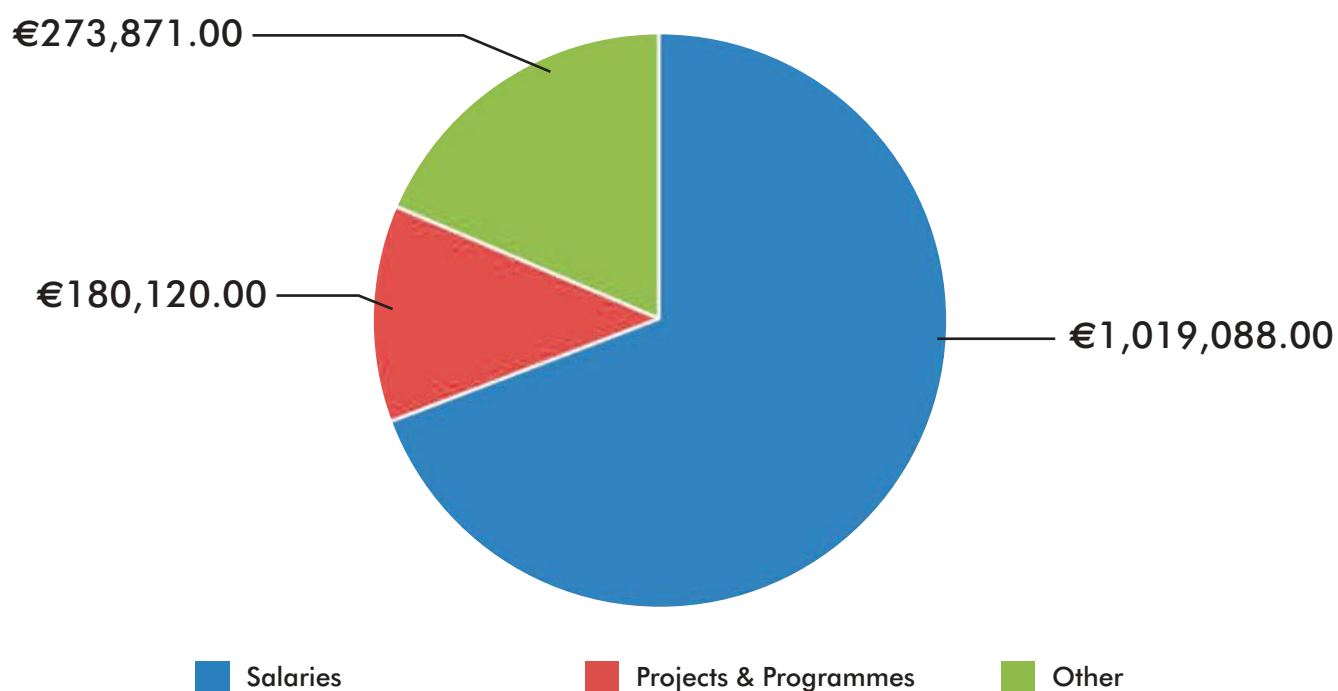


CDYS Organisational Income and Expenditure 2017

CDYS Income 2017



CDYS Expenditure 2017



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CDYS FUNDERS



Irish Youth Justice Service
Seirbhís na hÉireann um Cheartas i leith an Aosa Óig



ROMAN CATHOLIC
DIOCESE OF CLOYNE



Cork County Council
Comhairle Contae Chorcaí



An Ghníomhaireacht um
Leanaí agus an Teaghlach
Child and Family Agency



pobal

government supporting communities



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Youth Work Ireland



cetb

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Cork Education and
Training Board



ciste na
gcuntas díomhaoin
the dormant
accounts fund



SRDATF
southern regional drug & alcohol task force



An Roinn Leanaí
agus Gnóthaí Óige
Department of
Children and Youth Affairs



Sisters of Mercy



CLOYNE DIOCESAN YOUTH SERVICES LTD.

Youth Work Ireland
CDYS Co. Cork

*“Empowering
Young People
Through Quality
Youth Services”*



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