

Cloyne Diocesan Youth Services

ANNUAL REPORT

2017

“CDYS AT THE
HEART OF OUR
COMMUNITY”



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Simon Martin
- Treasurer
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- Secretary
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Our Mission

We nurture and encourage young people, to reach their full potential, in a safe and supportive community.

Our Vision

CDYS respects the ambition of Youth.

Our Values

CDYS respects the dignity of young people, regardless of social, economic or religious background.

The service works to empower young people, by providing a forum, through which they can be heard.



Photo taken by young person in the LTI Gouldshill Project

“Empowering
Young People
Through Quality
Youth Services”

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Foreword

by Brian Williams

Mr. Brian Williams
Regional Director



Time passes quickly for us in CDYS as yet another year rolls by and we pause to reflect on our experience of the last twelve months. I estimate that in the year just gone by we have had activities, events, supports and encouragement to over 4,000 young people across our services for 342 days / evenings out of the last year. We remain steadfast in our commitment to young people by reaching out, innovating and striving to be dynamic in talking to, supporting and accompanying young people through their lives.

For us to be able to deliver the range and diverse type of services that CDYS are involved in takes not only a tremendously committed and hard working group of staff but also a vibrant and selfless group of over 160 volunteers who are an example to us in terms of their dedication, generosity and the joy they bring to us all in CDYS.

We are grateful to our funders and partners, friends and supporters. Without their commitment to us and our work we would not be able to reach out and journey with so many young people, families and communities.

It is important that we pause to take a breath, to realise how much work we do in a lot of different locations across the Diocese and to appreciate

the importance of the difference we make in so many young lives. I would like to thank our Board of Directors, the Diocese our staff and our many, many volunteers, partners and supporters. CDYS is built on hard work, dedication, a lot of good will and a 'can do' spirit that urges us on to expect more for young people and for the life of the communities we live and work in.

We are grateful for the year gone by and are looking with hope and optimism towards the future. Thanks for all the support, encouragement and help over the last year and we look to moving forward together into a future full of hope and possibilities.

Yours sincerely,
Brian Williams,
Regional Director

Foreword

by **Simon Martin**

Mr. Simon Martin
Chairman of CDYS



Another very busy year has passed and with it another chance to take stock of what we have achieved and where we need to focus in the year to come.

We have continued to serve a broad spectrum of activities covering all our keys areas including the development and operation of youth and community facilities, youth clubs, ministry, youth diversion projects, special projects for youth, Local Training Initiatives - employability, youth clubs, Therapeutic and counselling services, Community based drug support services, and a range of specialised focused services aimed at supporting young people, their families and the communities in which they live.

Highlights over the year have included a large youth contingent attending World Youth Day in Krakow, the very successful youth awards held in Midelton, and the establishment of the advisory mental health advisory group of young people across the organisation. We have also been able to extend our services in North Cork with the establishment of a new premises and service in Mitchelstown in partnership with Cork County Council and TUSLA. I commend this report to you as a way to understand the range and diversity of activities that we engage in. Our various centres,

volunteers and staff continue to be very busy making an impact in many aspects of youth culture across the county. It is a privilege to be a small part of it. I would like to thank the Board of Directors for their continuing support and dedication to CDYS in continuously ensuring good governance of the organisation. The Board also continues to focus on ensuring financial security for CDYS going into the future in order to provide confidence in our ability to maintain our services. We cannot achieve this without the support of our funders. I would like to thank Department of Children and Youth Affairs, Irish Youth Justice Services, Southern Regional Drug and Alcohol Task Force, HSE, TUSLA, Cork County Council, Mallow Parish, The Diocese of Cloyne, Cork ETB, Pobal and Youth Work Ireland, for their continued support throughout the year. We continue to focus on providing excellent value for money and to act as a centre of excellence for the provision of youth and community services in Cork.

Of course, none of our services would be possible without the commitment and dedication of our staff and volunteers in CDYS. The expertise and commitment of our staff needs to be witnessed first-hand to understand that what it takes to provide first class youth and community services. Ably led by Brian Williams, I can speak for the Board that we are confident of the future for CDYS. We are also incredibly fortunate to have around two hundred volunteers who give their time to benefit our young people – my sincerest thanks to all of you.

In the coming year, I look forward to us expanding our services even further bolstering current services and establishing new centres as we continually strive to respond to the needs of young people. As always, we are always guided by our core vision – Respect the Ambition of Youth.

Yours sincerely,
Simon Martin,
Chairman CDYS



William Crean
Bishop of Cloyne

Foreword

by William Crean

A Cháirde,

Last July the World Meeting of Young People in Poland saw as many as two million young people gather in Krakow to celebrate with Pope Francis their joy and hope as followers of Christ. It was a great witness to the world of the values so many young people to-day desire to live by, despite the many challenges they face.

We all need support and encouragement to meet life's challenges. We need goals and pointers to keep us on the right track. That is the focus of the Cloyne Diocesan Youth Service (CDYS). CDYS has the concerns and needs of young people as their priority. This publication, which I warmly welcome, gives us a sense of their various projects in service of those in their care. I am grateful to all the staff and volunteers for their generosity of spirit and genuine care for the young people they work with.

Next year Dublin will host the World Meeting of Families. This coming year will be a time of preparation for that global gathering.

It will be an opportunity for all of us young, middle age and older people to think about our families especially the role each of us can play in building up and supporting one another to be the best family we can be.

Jesus came that we might have life and have it in abundance. We ask His guidance in making good decisions so that our lives may have the richness and blessing He wishes for us.

With prayerful good wishes,

Yours sincerely,
Bishop William Crean.

Special Project for Youth MALLOW

The year 2016 was an exciting, rewarding and busy year for the SPY project in both Mallow Youth Centre and the The Big Blue Cube in Gouldshill Estate. There were five Youth Cafes held each week and catered for ages ranging from 6-18 years of age. In addition to this various other groups were facilitated which included, Music, Drama, Homework Club, Soccer, Dream Girls, and Arts and Crafts, LGBT. Cooking was introduced to Youth Cafes of all ages with an emphasis on hygiene and to create awareness in Young People how fresh, healthy and nutritious food was fun and easy to prepare. SPY has also worked closely with Scoil Ghobnatan and Davis College to offer additional academic supports to pupils and to encourage school completion.

Throughout the year there were many activities including Easter and Summer programmes which were targeted at the local estates and featured activities which promoted fun, creativity and physical activity. Young people were also taken away to Sherkin Island this year for an overnight stay



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where they met other young people from various projects. These programmes were happily supported with contributions from Cork County Council, Tuath Housing, Mallow Athletic Club, Mallow United F.C, and Mallow Men's Shed and from a number of individual people..

Coder Dojo now run three classes every Saturday to work with young people who have an interest in this area. One young person was selected to represent Ireland at an international event in Russia. This project is going from strength to strength.

All of the SPY projects took part in the Irish Youth Music Awards this year at the Aviva Stadium in Dublin where they displayed their music talents.

Our first Youth Awards were held in Midleton this year which was a huge success and young people are planning on hosting another event in 2017.

Our Youth Council took participate in a Wellbeing Squad with Youth Work Ireland and contributed towards the development of a

Wellbeing programme, this was rolled out nationally to all of the Youth Work services. This group of Mallow youths also participated at Youth Work Ireland's National conference on wellbeing held at Dublin Castle. The young people were involved at speaking at the event and participated in panels at the conference with the minister of Children Youth & Affairs and the minister for Mental Health.

They also took on a project around the issue of being charged adult fares when you turn 16, called the UNFARE project. They met with local politicians and also lobbied for change on the local radio.

SPY Mallow also hosted a number of Film Making events during the year and the team from Mallow won best short film at the Cork Young Film Makers Festival. This film was also entered in the East Cork Film Festival and received recognition there as well as the best film.

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Special Project for Youth MIDLETON

2016 was another busy one for Midleton. We were delighted to be the hosts of the inaugural CDYS Youth Recognition Awards, the event was organised with the help of the local Youth Council and was a terrific success with over 200 attendees. Many young people from all CDYS regions received awards for a variety of personal achievements, with categories ranging from "Best Friend" to "Greatest Diva". We look forward to our turn coming around again in a few years!



Youth council members were also involved in the management of the Darkness Into Light walk for Mental health, handing out T-shirts to the thousands until the wee hours of the morning!

Some of our young people took part in the Irish Cancer society XHale national film competition with their entry 'Don't Let the Cloud Take Over', and were awarded the prize for "The Most convincing smoking prevention message", it was a great film ... should have got an Oscar!



Our junior Boys and Girls groups took a day out to go the local woods where we did wood craft with the suitably named Martin Forrest!

Currently we are running Junior Groups (9-12Yrs), Guitar Classes, Busstop Youth Club, Camera Club. Drop In sessions available during the week and annual Rainbows sessions.

Our groups are always changing so please contact us at the CDYS office at MY Place Mill rd, by phone at 0868031291, or on facebook at CDYS Midleton.

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Special Project for Youth FERMOY



CDYS Fermoy works with all young people aged between 12-18 years. The aim of the project is to build confidence and self esteem, learn new skills and have fun in a safe and welcoming environment. The project works with young people in small groups, both focused groups and drop in groups or on a one to one basis to provide support and advice when needed.

Fermoy Community Youth Project also engages and works with the local community partners such as the school, parents, local agencies, An Garda Siochana, and many others to enhance the quality of the youth service. During the year they continued to work in partnership with Fermoy Tidy Towns to keep Fermoy looking clean!

2016 has been a busy year in Fermoy. Music has continued to be a focal point with local band The IV representing CDYS in the Irish Youth Music Awards in the Aviva Stadium in April.

CDYS held its first Youth Awards in Midleton last May, which proved to be a huge success and enjoyed by the young people.

The project also established a partnership with Reachout.com and the young people had the opportunity to engage in a mental health workshop and a youth mental health consultation in Cork City Hall in September.

CDYS Fermoy would like to thank all their volunteers and young people for all the support over the last year.

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MITCHELSTOWN

Youth Project

CDYS Mitchelstown is Mitchelstown newest Youth Café. We opened our doors in early November starting with a film making workshop in partnership with Cork Young Film Makers, the workshop was a great success seeing the group of young people scoop first prize at the film gala in Cork County Hall! On the back of its success Cork Young Film Makers have asked if CDYS Mitchelstown would host the week long workshop for 21 young people for the Mitchelstown & Fermoy area.

Numbers are growing on a weekly basis & CDYS Mitchelstown is setting down roots with numbers into their 90's in the three days it is open, there is a demand for the Youth Café to open its doors 5 days a week.

Another service that CDYS Mitchelstown provide is a low cost counsellor which came about through the Tusla Family & Child Support Network Meetings, a huge gap in services was evident and with that a counsellor was put on site one morning a week for parents who are struggling, this has proven to be a very valuable support to parents with the number of referrals coming in through the schools growing weekly.

While CDYS Mitchelstown is a new initiative is growing organically with many plans to establish new groups & clubs. One plan which the young people themselves have asked for & put a proposal together for is a new music room, this is already underway with huge support shown from Ballyhoura CLG on a regular basis, and they have provided us with a cheque for €800 to start the ball rolling with our new music room!

They have very gratefully offered us another €1000 on top of this to help us in our efforts, they have offered us their continued support & funding as they have seen the work we are doing first hand and have said it is providing a fantastic service for the young people of Mitchelstown. We hope it will continue to do so and that grant money will provide equipment & materials for clubs & groups to grow and that we will be able to offer our young people a diverse range of activities.

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Cloyne Diocesan Youth Services

CDYS Community Based Drugs Projects

The Community Based Drug Initiatives are managed by CDYS in partnership with a local advisory committee and funded by the Southern Regional Drugs Task Force and HSE.

Project Aims

To work primarily with young people aged 12+ in the towns and surrounding area who are at high risk of experimenting with alcohol and drugs.

What services do we offer?

- Work with people who are currently misusing drugs and alcohol.
- Work with people to support their recovery from drug and alcohol misuse.
- Support for families coping with their loved ones drug and alcohol use problems.
- Support for people in making positive changes to their alcohol and drug misuse.
- Assessment of clients' needs and making appropriate referrals.



One to One Support

Providing one to one support in a safe and confidential environment.

Referral

Refer people to treatment and other appropriate services and supporting them in preparing for and participating in such programmes in consultation with the providers of the services in question.

ARE YOU CONCERNED ABOUT YOUR USE OF DRUGS OR ALCOHOL?
Help is Available

Supporting Family Members

Confidential support for parents, family members or other concerned persons whose lives are affected by another person's alcohol or drug use.

Setting Goals

To support the person in setting realistic goals that will facilitate behaviour change related to their substance misuse.



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Mallow

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Mitchelstown

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Film at CDYS

Film at CDYS is an exciting new initiative, encompassing a whole host of one off workshops, and promotional videos documenting the activities of the CDYS, showcasing the often unquantifiable work of staff and volunteers as well as the experiences of participants and the communities as a whole.

Our introduction to film making workshops have been a huge success and have been partially funded by Cork County Council.



Students have also helped to shoot videos documenting the CDYS's activities supporting the work of projects across the catchment area. We are particularly proud of this aspect of Film at CDYS as these videos are shot by young people, featuring young people, and for everyone. These include:

The IYMA's 2017
The Youth Awards Night 2017

For more information find us on facebook at Film at CDYS or email Gerard Browne course coordinator at browne.gerard@gmail.com

Upcoming courses include:

An introduction to Music Video Making in the cooperation with the CDYS Mallow Music Project
Acting for Camera
Puppeteering for Television

Short Films produced by the group include:

I know What You Did Last Halloween- A Documentary about Halloween traditions made during our Halloween Horror Film workshop
Pop- A Horror Film
My Favourite Super Hero
Knock, Knock, It's a Joke.



Cloyne Diocesan Youth Service

CDYS Youth Ministry Mallow Parish

Youth Choir

On Saturday 15th May, in the Church of the Resurrection Mallow, the CDYS Youth Choir took part in a Youth Mass. The Youth Choir had worked very hard preparing for this Mass and their commitment is to be commended under the guidance of Ms Sarah Finn. The young people's involvement really enhanced the Mass and going forward we would love to continue this work. The young people enjoyed a pizza party back in Mallow Community Youth Centre in which Archdeacon Casey join them for. We are always looking for new members to get involved.



CDYS & Alpha Ireland

CDYS are delighted to announce a new partnership with Alpha Ireland in developing and promoting parish based supports for young people in the exploring and developing of their faith throughout our Diocese. CDYS nurtures and encourage young people to reach their full potential, in a safe and supportive community and Alpha is a tool for evangelisation at the service of the local parish.

Alpha Youth Ireland (www.alphaireland.org) was established by Alpha Ireland in 2011 with the focus and vision to see youth ministry in Ireland become a major part of parish life for all. Alpha Youth are delighted to be working in partnership with Cloyne Diocesan Youth Services to help reach out to young people in the Diocese of Cloyne.



For further info contact Theresa Cronin on 087 2212551

Pope John Paul II Award

The 4th Pope John Paul II Award Ceremony was held in Mallow Community Youth Centre on Wednesday 19th Oct 2016. 101 young people from the diocese and neighbouring diocese received the award. It was a great achievement for the young people, their families, their schools and local parishes, St Mary's Secondary School Mallow, The Patrician Academy Mallow, Scoil Mhuire Gan Smal Blarney, St Colman's Community College Middleton, St Aloysius College Carrigtwohill, Colaiste Mhuire Buttevant, Presentation Secondary School Mitchelstown and Sacred Heart School Clonakilty.



St Aloysius Faith Camp



Experience a Faith Camp with a twist of fun. Time is drawing near for our third year of the St. Aloysius - Summer Faith Camp, for Boys and Girls (5-14 yrs). It's a summer camp with a twist! For kids to develop confidence and character, and to know and experience the love of God through Sports, Arts & Crafts, Music, Dance, Drama, Prayer & Catechesis. All this will happen at the Mallow Community Youth Centre from Tuesday 4th- Friday 7th July 2017 from 10.30am - 3.30pm. A great week's fun is guaranteed.

ACTivate Club

It has been a busy year for the ACTivate Club. It's great to see this club growing in numbers and the young people and volunteers eager to come every week. We were very fortunate to have the Buachaill Dana Motor Cycle Club in CastleConnell Co. Limerick hold a poker run to fundraise for the club.

Geraldine Marrinan, a volunteer with the ACTivate Club won The Stepping Up Award in the Youth Work Ireland Volunteer Achievements Awards in Dublin on Saturday 5th November 2016. This was a fantastic achievement for Geraldine who has been as active member in the ACTivate club since 2011.



World Youth Day

On Tuesday 26th July 2016, 29 enthusiastic people left from Cork Airport in the early hours of the morning to experience World Youth Day (WYD) in Krakow, Poland. For the vast majority of the group it was their first time to WYD.

The opening ceremony of the pilgrimage was on Tuesday which was celebrated by Krakow's Cardinal Stanislaw Dziwisz who was personal secretary of St. John Paul II. The atmosphere in Blonia Park was electric, people of all ages and nationalities. On Wednesday morning, the group visited John Paul II Sanctuary and continued on their pilgrim walk to the Divine Mercy Sanctuary in Lagiewniki. Later in the late afternoon, the group participated in the English catechesis which was hosted by the local parish where we were staying. It was an ideal opportunity to meet other Irish people from the different diocese and make new friends. Thursday was our first opportunity to see the Holy Father when he arrived for the welcoming ceremony to Blonia Park. We were very fortunate to be about 10 feet away from where he passed by in the Popemobile.



Diocese of Cloyne trip to
World Youth Day in Krakow
26th July – 2nd August
2016



The singing and music added to the atmosphere. The rain did not dampen our spirits. On Friday, we returned again to Blonia Park for the Way of the Cross in which Pope Francis delivered a short address afterwards. On Saturday, we started our day with Mass before he headed on our pilgrim walk to Campus Misericordiae – the ‘Field of Mercy’ at Brzegi near Krakow. Along the route we stopped for a catechesis session lead by Fr Sean Corkery.



This gave us the strength to continue our journey in the scorching heat. After four hours we reached our spot in the Campus Misericordiae, space was precious but we were very fortunate to be all together. Over the course of the evening, it is estimated that 2 million young people gathered. For some it was a new experience camping out without a tent – it was incredible. The rain stayed away on Saturday night but did pay a visit on Sunday as we were walking back to the city. The rain, thunder and lightning added to the experience of WYD. While our bodies were weary and tired our hearts were buzzing with the renewed energy of meeting and talking to new friends about their experience of WYD and their relationship with God and the Church.

On Monday it was time to say ‘Good-Bye’ to Krakow. Our final stop before coming home was to visit the shrine at Czestochowa where the Black Madonna of Czestochowa – a revered icon of the Virgin Mary housed at the Jasna Gora Monastery can be seen. Monday evening, we stayed in Wroclaw where we shared a meal together and our memories of WYD 2016. Many young people of the group described their world Youth Day experience as ‘powerful’, ‘amazing’, ‘overwhelming’ and that the Church is alive and the vision now is to bring that back to our local parishes. It was a fantastic experience and planning is already under way for Panama 2019.

CDYS BESIDE Retreats

Several of the schools in Mallow availed of the confirmation retreat offered by Mallow Parish Youth Ministry. This was a special day for the young people in exploring the gifts and talents that each of them possess through the many different activities and games

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CDYS Mallow Garda Youth Diversion Project



The CDYS Diversion Project continues to be a huge success going into its 10th year.

From day one the young people involved have made this project the success it is today, with their vibrancy and enthusiasm. The Mallow Diversion Project has become a widely respected asset for the Mallow Youth population.

Our non judgmental approach to youth work is very much relationship based. We believe that through positive relationships with young people we can all work together to build positive and productive relationships with our peers and the communities that we live.

Over the 10 years we have been so lucky to have been able to work with so many great young people. It's a privilege to be part of their story and I'm sure the next 10 years will have even more amazing young people pass through our project and come out the other side having contributed to the overwhelming success the 1st ten years have been.

I will never forget my time on the project, the way it helped me focus has been a huge benefit to me as an adult. (JL-Past Referral)

Back then I could have been quite challenging but I was never judged and always listened to. (AH- Past Referral)

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CDYS Feabhas Garda Youth Diversion Cobh

Run in co-ordination with An Garda Síochána and the Irish Youth Justice Service, the Diversion project is funded by the European Social Fund as part of the ESF Programme for Employability, Inclusion and Learning 2014-2020.

Feabhas GYDP works with young people in Cobh aged 12-18 years of age who are deemed to be at risk in numerous areas of their lives, as evidenced through assessment. Activities, programmes and interventions are formulated around the specific needs of the young people involved and usually engage their growth and personal development. For example, social skills, homework, art, outdoor education, pool, soccer, fishing, sexual health education, employability skills, peer education and mentoring.

During the summer months, Feabhas GYDP also takes the young people on day trips, incorporating activities such as sailing, fishing, camping and soccer tournaments. The project works closely with schools and other youth organisations in the wider community all the year round.



The project aims to:

Encourage participants personal, community and social responsibility.

Improve long term employment prospects of participants.

Provide prevention based programmes for participants.

Where offending behaviour has occurred, provide intervention programmes for participants.

Support and facilitate a positive relationship between participants and Gardaí.



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CDYS North Cork Film & Media Project LTI

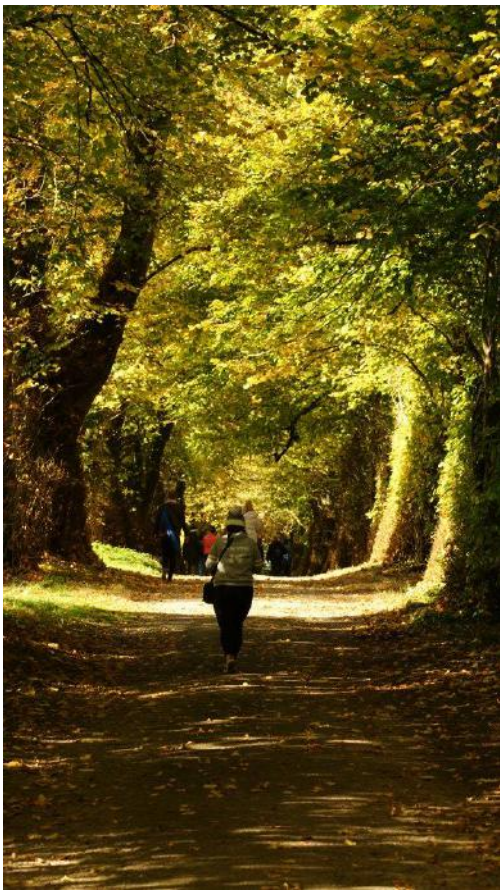
Aims of the Project

- To promote the artistic development of the trainees through the medium of filmmaking.
- To promote positive mental health and wellbeing.
- To provide a safe and non-judgemental space for learning
- Tailored training to suit each learner’s ability and learning style.
- To provide recognised pathways to employment, further education or further training.
- To also provide learners with the opportunity to contribute to the improvement of the social and economic fabric of their local communities.



Short films produced to date include

- Enough is enough (2014)
- Love is in the Air Trilogy (2015)
- Eric (2015)
- Born Slippy (2015)
- Abominable (2016)
- Penos (2016)
- Santas Grotto (2016)
- Pet shop (2016)
- Two-Face (2016)
- Parallels (2016)
- Stella (2016)
- Small World (2016)



History

Established in 2014 the North Cork Filmmaking and employment skills Project accommodates up to 16 trainees who learn the art of filmmaking while also gaining the necessary skills for employment, further education or further training. General Information Successful participants will achieve a QQI level 4 in Employment skills as well as Level 5 certificate in Short Film Production. In addition trainees are afforded the opportunity to engage with non-accredited modules such as art, drama, digital photography, animation and editing. Trainees are encouraged to consciously and actively engage with their training and education. This is fostered by the tutors who allow the trainees to advance at a pace that is suitable to each individual as well as the needs of the group. Training is carried out in a safe and supportive

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CDYS The Good Lives Project LTI

The Good Lives Project in Macroom is now well into its third year and 2016 was an amazing year for us in so many ways. Students achieved their QQI Award in Sports and Recreation as well as additional modules in horticulture. We held our first Graduation in Centre this year where members of the community, family and friends were able to celebrate the students achievements and the evening was a great success for everyone involved.

Through the new Level 4 Sport and Recreation Programme we were able to engage in a number of out of centre activities including hill walking, kayaking, team sports, soccer tournaments, to name a few. These experiential, stimulating activities enabled the students to meet with other LTI participants, assisted with building group cohesion as well as supporting the FETAC modules.

We were also able to link the health and nutrition module with our horticulture project and often harvested fresh fruit and vegetables grown in the new polytunnel on site.

Our overall aim is to provide an atmosphere where everyone can engage in experiential learning in a fun and supportive environment. It is group led and everyone has an input into the running of the centre, bringing their ideas and creativity to develop the project, not only for the learners, but for the benefit of the wider community.

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CDYS East Cork Music Project LTI

CDYS East Cork Music Project started in 2012 and is now in its 5th year of operations. Each year the project has developed and evolved and has met the aims and objectives set out at its inception.

In line with currently government policy "Better Outcomes, Brighter Futures" (2014) the project has set out to firstly engage young people in the community who are facing challenging circumstances. The level of engagement is demonstrated by feedback from the young people who state that they are happy attending the project and that they enjoy being here. The training aspect of the project encourages young people in the region to achieve their full potential and to develop their skills and capacities. Over the five years 60% of the participants have received a major Fetac award with every participant receiving at least one minor award.



ECMP Participants Making Paper Machee for the RAW Project January 2017



ECMP participants playing at the Cork County Hall
(December 2016)

Music and art education are used as a means to engage the young people who attend the project. Research shows that engaging in creativity has a positive impact on mental wellbeing. Participating in intergeneration and intercultural projects within the community such as life-long learning festival, Midleton Mid May increases their level of connectivity and sense of belonging in the community. There is also the added bonus of raising self-esteem for the young people and gaining respect from the community at large, it has been shown that the community shift their perspective about young people and see them as contributing to the community and society at large.

As one of our objectives is to provide a structured progression route for the young people on the project, this has been achieved as approximately 70% of participants on the project have progressed to further education or employment thus providing them with opportunity and ultimately economic security.

Over the past five years ECMP has created events in the community such as:

Community concerts and art/crafts exhibitions where family, friends and members of the community attended. The responsibility of these events is handed over to the participants where possible so that they are empowered and have sense autonomy.

Other events such as the life-long learning festival and the Midleton Arts Festival give the young people an opportunity to work in partnership with other groups in the community.

A youth exchange to Sweden "Unplugged" which involved 25 young people and youth leaders from East Cork visiting a group in Sweden with the aim of creating connections on an international level and working in partnership to create music and art. The theme of this project was promoting positive mental health and wellbeing among young people and the outcomes which are well documented were beyond anything that we could have imagined.



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Youth Recognition Awards Night 2016



CDYS Youth Work Ireland held its first Youth Recognition Awards night 2016 in My Place Midleton. In attendance were young people from Youth Clubs based in Mallow, Fermoy and Midleton. The Youth Recognition Awards night was designed by the young people of CDYS for young people. The awards categories selected were to identify and acknowledge young people who were seen to have showed and displayed behaviours that were valued by young people such as being a supportive friend, someone who had to overcoming personal obstacles in their life. An award for those who showed commitment and enthusiasm for their youth project and who encouraged and supported others. A community involvement award and a group award for teams who worked well at achieving their goals. Over 80 young people received nominations and were recognised on the night.



Volunteering in CDYS

Volunteers help run a number of key clubs and projects and are the integral part of what makes CDYS Youth Work Ireland a success. This year CDYS trained and vetted a 182 volunteers to support clubs and projects. We currently have 417 volunteers who are currently engaged with us. E vetting was introduced during the year which changed how we process Garda vetting but has gone really well and has helped speed up the process of getting volunteers on board.

CDYS also introduced a new pack for Volunteers to ensure that any documentation to be completed by a potential new volunteer was easily accessible and clear. Student placements make up a large percentage of the people that come on board with us and we are delighted to support young people that are making their way through college. We have also noticed that a good percentage of our volunteers have now sought out further education in the area of Youth and Community diplomas which have helped the service and their own personal development. CDYS held a number of outings during the year to thank our volunteers for their support with a trip to Curraheen Park and Christmas outings. We would like to sincerely thank all our volunteers who contributed to such a great year in CDYS and we look forward to our continued support during 2017.





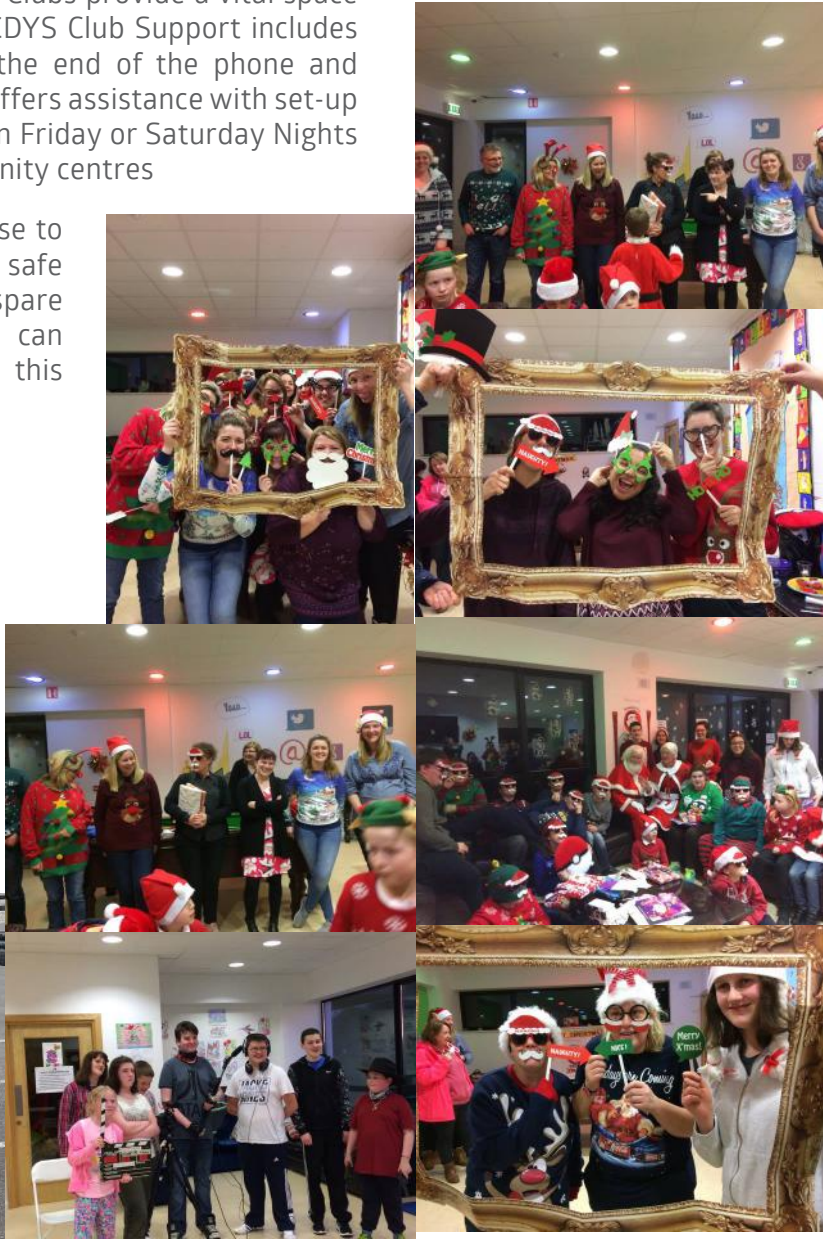
CDYS have six affiliated clubs and groups located across the Diocese of Cloyne, serving their local communities. Youth Clubs provide a vital space for young people in their local communities. CDYS Club Support includes information, training, insurance, support at the end of the phone and invitations to events. To new clubs, CDYS also offers assistance with set-up and club development. Clubs generally meet on Friday or Saturday Nights and are run by local volunteers in local community centres

They are established by Volunteers, in response to a need identified for young people, to have a safe place to socialise with their friends in their spare time. CDYS Ltd. are an organisation that can support these communities to carry out this valuable work.

Locations

- Bus Stop Youth Club, Midleton
- Lisgould Youth Club
- Lismire Youth Club
- Face, Fermoy
- ACTivate Club, Mallow
- Cobh Youth Services, Cobh

Contact: Sharon
Phone: (087) 7148268
Email: sharon@cdys.ie



CDYS Mallow Youth & Community Centre

Contact: Anna
Phone: (022) 53526
Email: anna@cdys.ie

Mallow Community Youth Centre in partnership with Mallow Parish, is a busy centre, located a short walk from Mallow town centre. Offering a variety of projects, activity and support groups. The centre also offers a fabulous sports hall, dancing room, meeting rooms, a recording studio and a reflection space.

Mallow Community Youth Centre is the home of the following sports and activity clubs:

- Basketball Club
- Gymnastics Club
- Badminton Club
- Soccer Club
- Dance and Zumba
- Mallow Fit Class
- Art Classes for Adults
- Bingo



CDYS Gouldshill Youth & Community Centre

The Big Blue Cube, Gould's Hill is an invaluable commodity to the community of Gould's Hill and the surrounding areas. It is a centre of excellence with a vast variety of service users using the centre as well as the many different CDYS projects. One would be amazed with the volume of young people and adults that pass through the doors of the Big Blue Cube on a weekly basis. The centre serves the residential area in which it is located as well as many young people living on the Southside of Mallow. The centre offers a safe and comfortable space where young people can meet up with their friends or get involved in the wide range of fitness classes offered by the service user from Eileen's School of Dance, Taekwon-Do, Jiu Jitsu. The adults can avail of the Zumba, Yoga, Mallow Fit Club. Also using the centre are the Le Cheile Mother and Toddler Group who meet every Tuesday which is an opportunity for the parents to meet up over a coffee and have a chat while the children are enjoying playing with each other. The Christ Life International Ministry meet every Friday evening and Sunday Morning for worship.

Contact: Sharon
Phone: (022) 21812
Email: sharon@cdys.ie



FINANCES 2016

Income

10%

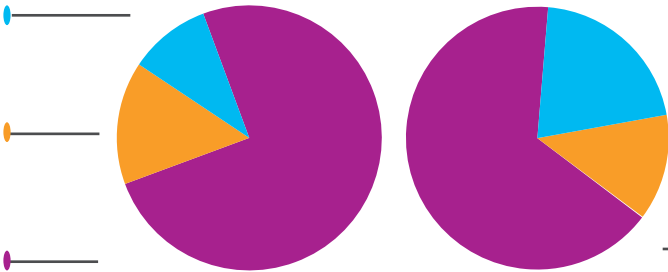
Other Income

15%

Self Generated
Funding

75%

Government
Funding



Expenditure

21%

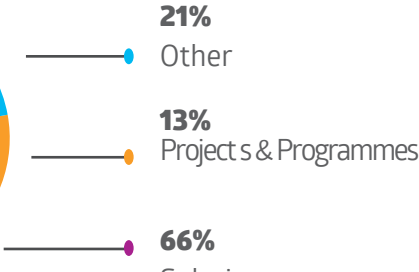
Other

13%

Project s & Programmes

66%

Salaries

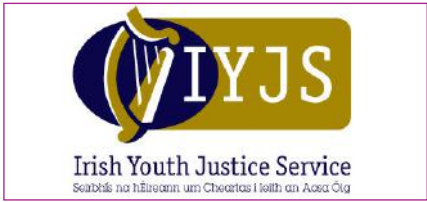
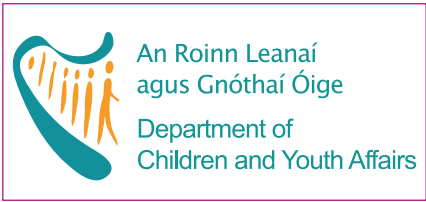


CDYS FUNDERS

Thank You!

CDYS is grateful for the contributions made by individuals and organisations within Ireland and Europe which enables us to provide quality youth services within the Diocese. Thank you to everyone who contributed to this annual report.

The Parish of
Mallow



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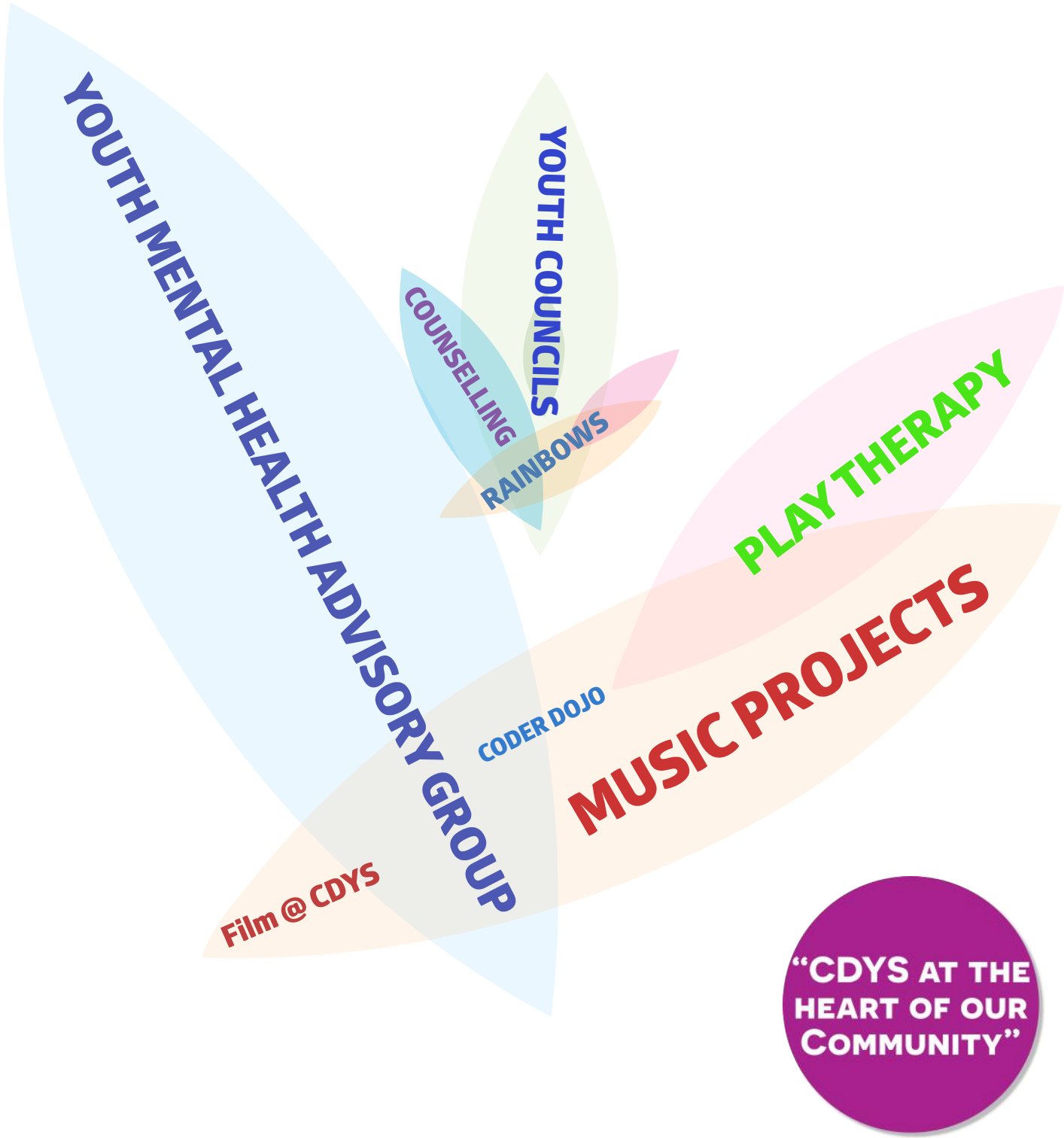
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OTHER CDYS SERVICES





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“EMPOWERING
YOUNG PEOPLE
THROUGH QUALITY
YOUTH SERVICES”